

2018 NECLAX Youth Rules – Officials Quick Reference Guide

	Bantam (8-U)	Lightning (10-U)	Junior (12-U)	Senior (14-U)
Crosse Lengths				
Short	37" - 42" (USL)	37" - 42" (USL)	40" - 42" (NFHS)	40" - 42" (NFHS)
Long	None	None	52" - 72" (NFHS)	52" - 72" (NFHS)
Goalie	37" - 54"(USL)	37" - 54" (USL)	40" - 72" (NFHS)	40" - 72" (NFHS)
# of Poles	None	None	4	4
Field / # of players	Cross-field / 4v4 (3 + GK)	Cross-field / 7v7	Regular / 10v10	NFHS
Game Balls	Soft	Regular (NOCSAE)	Regular (NOCSAE)	Regular (NOCSAE)
Tech Fouls	Explain & Award (no time serve)	NFHS	NFHS	NFHS
Scrum	Kill quickly & award	Kill quickly & award	n/a	n/a
Offsides	NONE	YES >5 D end or >4 O end	NFHS	NFHS
Personal Fouls	Lv Field & Sub	NFHS	NFHS	NFHS
Stick Checks/Slashing	Poke, Lift, Chest level (no one-handers)	Poke, Lift, Chest level (no one-handers)	Poke, Lift, Chest level (no one-handers)	NFHS (but no one-handers)
Body Contact	Legal holds & pushes, boxouts, incidental	Legal holds & pushes, boxouts, incidental	Legal holds & pushes, boxouts, incidental	NFHS (but 3yd Rule)
Counts	<===== (Goalie - 4 Sec crease count ONLY) =====>			
Over & Back	n/a	n/a	In effect (after chop-in)	In effect (after chop-in)
Time Outs	NONE	NONE	NFHS	NFHS
Face-offs	NONE Coin toss win has first Poss. (re-start at GLE after goal)	YES (wings are restrained; & others @ GLE until poss)	NFHS	NFHS
Keep Score	NO	YES	YES	YES
Coaches on Field	YES	NO	NO	NO
Arm/Elbow Pads/Cup	Full	Full	Full	Full
Substitutions	Whole-team	NFHS	NFHS	NFHS
Game Lengths	2 X 12 Mins-running (4 min half)	4 x 10 Mins-running (2 min half)	4 X 10 Mins stop (5 min half)	4 X 10 Mins stop (5 min half) (NFHS) 4min
Overtime	None	None	None	(Until winner is determined – Coaches must agree)
Face-off Mercy Rule	n/a	*****	6 or more at anytime – if coach wants	*****
Final 2 Minutes	n/a	n/a	NFHS	NFHS
Penalties On Goalkeeper	The in-home may serve a goalkeeper's penalties, except for Unsportsmanlike Conduct or a penalty or combination of sequentially served penalties totaling two or more minutes. If a dressed goalkeeper is not available, reasonable time to dress one shall be afforded, in addition to the one-minute delay for his warm-up allowed.			
Fouling Out	n/a	3 PFs OR 5mins in PF Time	3 PFs OR 5mins in PF Time	3 PFs OR 5mins in PF Time

References: USL 2018 Boys Lacrosse Rules Book. **Highlights** are NECLAX modifications to Boys rules. **If a rule is not modified for youth then follow NFHS Rules.**