

## 2018 CVYL Youth Rules – Officials Quick Reference Guide

	Bantams(10-U)	Junior (12-U)	Senior B (14-U)	Senior A (14-U)
<b>Crosse Lengths</b>				
<b>Short</b>	36" - 42"	40" - 42" (NFHS)	40" - 42" (NFHS)	40" - 42" (NFHS)
<b>Long</b>	Not Permitted	52" - 72" (NFHS)	52" - 72" (NFHS)	52" - 72" (NFHS)
<b>Goalie</b>	No restriction	40" - 72" (NFHS)	40" - 72" (NFHS)	40" - 72" (NFHS)
<b># of Poles</b>	n/a	3	4	4
<b>Field size / # of players</b>	Cross-field / 6v6 (5 + GK)	10v10 (not less than 8 + GK)	10v10 (not less than 8 + GK)	10v10 (not less than 8 + GK)
<b>Game Lengths</b>	4 x 15 Mins-running Final 2 min of 4 <sup>th</sup> =Stop	4 X 10 Mins stop	4 X 10 Mins stop	4 X 10 Mins stop
<b>Scrum (ball not moving)</b>	Kill & use AP	n/a	n/a	n/a
<b>Offsides</b>	NONE	NFHS	NFHS	NFHS
<b>Technical fouls</b>	No time served + No EMO	NFHS	NFHS	NFHS
<b>Personal fouls</b>	Player serves but No EMO (Use 5 yd Fast Break)	NFHS	NFHS	NFHS
<b>Goalie Penalties</b>	***** In home serves unless 3 <sup>rd</sup> or more time-serving *****			
<b>Goalie Counts</b>	4 visual then 4 vocal + visual	NFHS	NFHS	NFHS
<b>20 &amp; 10 Counts (* Need timers)</b>	N/A	N/A	N/A	* Yes
<b>Stick Checks/Slashing</b>	Poke, Lift, Chest level (no one-handers)	Poke, Lift, Chest level (no one-handers)	NFHS (but no one-handers)	NFHS (but no one-handers)
<b>Body Contact (3 yd Rule)</b>	Legal holds & pushes, boxouts, incidental	Legal holds & pushes, boxouts, incidental	NFHS (but 3yd Rule)	NFHS (but 3yd Rule)
<b>Over &amp; Back</b>	N/A	N/A	N/A	Yes
<b>Time Outs</b>	NFHS	NFHS	NFHS	NFHS
<b>Coaches on Field (both agree)</b>	One (1)	N/A	N/A	N/A
<b>Equipment (CVYL recommends Cup)</b>	Full (Goalie must have elbows)	Full (Goalie must have elbows)	Full (Goalie must have elbows)	Full (Goalie must have elbows)
<b>Substitutions</b>	Horns + 10 yd box	Horns + 10 yd box	NFHS (20 yd box)	NFHS (20 yd box)
<b>Overtime (reg season only)</b>	2 x 3min (Tie after 2 OTs)	2 x 3min (Tie after 2 OTs)	2 x 3min (Tie after 2 OTs)	
<b>Mercy Rule - Face-off</b>	5 or more goals award	***** 6 or more goals award – no face (but not Tournament) *****		*****
<b>Mercy Rule - Clock</b>	***** 2 <sup>nd</sup> half only – 9 or more goal diff = running time *****			
<b>Final 2 Minutes</b>	n/a	n/a	NFHS	NFHS
<b>Fouling Out</b>	No DQ – coaches monitor	4 PFs OR 5mins in PF Time	4 PFs OR 5mins in PF Time	4 PFs OR 5mins in PF Time

References: USL 2018 Youth Boys Lacrosse Rules Book *If a rule is not modified for youth then follow NFHS Rules*